

Walking Group Leader Training Course

Grade Three 3

For: Fit novices, regular vigorous exercisers, regular hill walkers / hikers. Good fitness and stamina required.

Terrain: Longish varied paths or rough unpathed hillsides.

Average Daily Distance: 8-14 miles (13-22km)

Average Daily Ascent: Up to 2500ft (770m)

Walking For: 6-8 hours (plus stops)

Grade Four 4

For: More suited to regular hill walkers / hikers with recent regular experience of rough terrain. Good fitness and stamina necessary. Adventurous and fit novices could be fine - please ask.

Terrain: with a mix of pathed and off path ground which may be rough.

Average Daily Distance: 8-14 miles (13-22km)

Average Daily Ascent: Up to 4000ft (1250m)

Walking For: 6-9 hours (plus stops)

The **Walking Group Leader Award Training Course** is for leaders of walking groups in summer conditions in non-mountainous hilly terrain, known variously as upland, moor, bog, hill, fell or down. Such areas are often subject to harsh weather conditions, requiring an element of self-sufficiency and this scheme will help you develop the necessary skills and experience.

Taking responsibility for yourself is one thing, being responsible for others is something else. In your "**duty of care**" you owe it to your group that you are competent to take that responsibility.

The UK Mountain Training Board has, over the years, developed an **excellent range** of training and assessment courses aimed at people (18 years and over) who aspire to become leaders or instructors.

This tour group is **authorised as a suitable organisation** for the delivery of **Walking Group Leader** course.

Course Aims

Leadership on Uncomplicated, Readily Accessible, and Non Mountainous Terrain.

The Walking Group Leader is great for:

- Ramblers
- Countryside Rangers
- Tourist Guides

- DOE Award Supervisors
- Youth Workers
- Teachers
- Club Leaders
- Game Keepers & Stalkers

Walking Group Leader Training Course stages:-

- Register with your national Mountain Leader Training Board and be issued with your log book
- Take part in an approved training course
- Consolidate training received over an advised period of time
- Have a valid approved first aid certificate
- Successfully complete an approved assessment course
- Continue with personal / professional development thereafter

This course, which comprises the training element of the scheme, is **non residential from our Stirling base** (or elsewhere if there's a few of you) and includes:

- Approved instruction
- All safety and technical equipment and maps

Important information

Start time: 08:30

Finish time: 17:00-19:00

Training Duration - 4 days

Entry Requirements

- Age 18+
- Registered with Mountain Leader Training
- Logged 20 Quality Hill Days