

Snow holing course

Grade Four 4

For: More suited to regular hill walkers / hikers with recent regular experience of rough terrain. Good fitness and stamina necessary. Adventurous and fit novices could be fine - please ask.

Terrain: with a mix of pathed and off path ground which may be rough.

Average Daily Distance: 8-14 miles (13-22km)

Average Daily Ascent: Up to 4000ft (1250m)

Walking For: 6-9 hours (plus stops)

Walk up high in the Lawers range to somewhere suitable to practice digging various types on snow hole in preparation for doing the real thing next weekend.

Pre-requisites for this expedition are:

- to have done a winter skills course before

Should weather conditions be such as to prevent access to the high mountains, a lower level alternative will be found.

Your snow holing expedition includes:

- 1 day with a Winter Mountain Leader building snow holes
- Transport from and back to Stirling to a suitable practice location
- Free use of ice axe, crampons and helmet

Snow holing expedition - Brief itinerary:

Day 1: Meet at Stirling and travel to a suitable practice location by private mini-bus. Walk in to an area suitable for building snow-holes. Spend the day building various types of snow-holes. Return to Stirling early evening.