

Night Navigation Course

Grade Two

For: Fit novices, anyone with a reasonably active lifestyle.

Terrain: Undulating perhaps lumpy with some off path rough walking.

Average Daily Distance: 8-12 miles (13-20km)

Average Daily Ascent: One or two ascents of up to 1500ft (450m)

Walking For: 5-7 hours (plus stops)

The chance to get used to this potentially daunting situation before it happens for real! Excellent preparation for winter time.

Night Navigation Course is Useful for:

- Summer and Winter mountain navigation
- WGL and ML Trainees
- Continued professional development

Important Information

Assumes: Already at Silver NNA standard

Course Duration: 18:00 - 22:30

Covers: Additional skills useful in poor visibility and lots of practice.