

# Navigation Coaching

**Grade:** varies according to terrain

This is available for individuals or small groups of folk at a similar standard and aims to develop existing (or non-existing) skills to achieve a higher or specified standard.

You may have come to the outdoors to take part in a whole range of things like adventure racing or some other physical recreation and are now venturing out into wild country.

Alternatively you may be preparing for an outdoor assessment course and want to hone your skills.

Skills can be easy to learn but its even easier to muddle through and get into bad habits.

Navigation coaching can be adapted to suit you or your group to gain the necessary competence and confidence to get out there.

## **Navigation Coaching is Great For:**

- Adventure racers
- Aspirant Walking Group Leader candidates
- Aspirant Summer Mountain Leader candidates
- If you just want to learn at your own speed

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